



## Aggie Aitken

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Aggie is a leadership coach, consultant, facilitator and trainer.

She is passionate about coaching leaders during times of personal growth and business change and has over 18 years' experience in senior executive roles across various industries.

Aggie is skilled in enhancing leadership skills, strengthening confidence and providing coaching support during times of complexity and change. She has a personal interest in developing women in leadership roles and helping emerging leaders find their feet.

### Aggie's areas of expertise:

- Individual and group coaching – leadership, growth and development
- Team workshop design and facilitation
- Organisational change, strategy and projects
- Stakeholder management, communication and influencing
- Career management including transition and change

### Qualifications and memberships:

- DISC accredited Coach and Facilitator
- Five Behaviours of a Cohesive Team (Patrick Lencioni) accredited Coach and Facilitator
- Member, ICF (International Coaching Federation)
- Graduate Certificate in Organisational Coaching, Swinburne University
- Graduate Certificate in Applied Business, Swinburne University
- Cert IV Training & Assessment, Swinburne University
- Bachelor of Business, RMIT University

Aggie's work as a Coach sees her focus on the development of leaders, managers, and teams – she supports clients to build on their existing capabilities, to identify and eliminate barriers and to strengthen their confidence and self-belief.

Her experience includes consulting on change, program and strategic objectives, building the capability of emerging leaders and coaching leaders and teams through times of change and complexity. She works with a diverse range of clients including leaders, teams and organisations in finance, service industries, higher education, marketing, property, government and not for profit.

Aggie understands the challenges of the corporate workplace, especially in the areas of change, service delivery and project management. Over the course of her career, she successfully delivered property, change and business results in large multi-faceted organisations and has a track record of embedding sustainable change.

Aggie is a strategic planner able to set realistic goals, identify roadblocks and act to resolve them. She has highly developed negotiation skills and cultivates strong stakeholder and business partner alliances.

Throughout her career Aggie has delivered positive outcomes by:

- Developing and sustaining high performing teams during periods of significant organisational and cultural change.
- Leading individuals and teams towards growth and personal development.
- Imparting mentoring strategies and coaching cultures within leadership teams.